

Deeper Conversations

NINE SHAPES

ARE YOU READY FOR EVEN MORE INTIMACY WITH THOSE YOU TRUST?

Here is the Nine Shapes deeper conversation list designed for those interested in exploring their inner landscape, asking questions that build connections with those closest to them, and exercising curiosity.

Below are 31 questions for one month of depth. Take your time, leave space for silence, and listen to both what's coming up for you and others.

1. What do you consider to be a waste of time?

2. What would you do if you could go back in time to redo one event?

3. When have you been the farthest from home? Both physically and emotionally.

4. When was the last time you cried?

5. What advice would you give yourself five years ago?

6. How do you think about your ancestors? What role do they play in your life?

7. How do you define wisdom?

8. What would you describe as being your most toxic trait?

9. What are five words you would use to describe your upbringing and why.

10. What is the best gift you have ever received? Why?

11. What do you think happens after someone dies?

12. Finish this statement: What I love most about myself is ____.

13. What's one mantra you seem to carry out every minute of your day?

14. What is a seemingly obscure belief or belief system you are drawn to that can feel shy talking about? What makes you drawn to this belief?

15. Why do you think humans are here? (Everyone answer)

16. What is something you frequently reflect on?

17. Which conspiracy theory do you feel kind of on board for?

18. Which type do I feel (externally) second most like? Why?

19. What Ennea-type do you perceive as "godlike"?

20. What would you wish didn't exist in society? How does this relate to your core Ennea-type?

21. What do you tend to lie to yourself about?

22. What do you think about?

23. How would you feel if you had a one way ticket to space, all expenses paid and a place to stay?

24. Who is a hero of yours? What is it about them that you admire?

25. If you knew you couldn't fail, what would you change about your life?

26. What areas of your life do you have a stubborn attachment to one point of view?

27. Who has the most memorable personality of anyone you've ever met?

28. If we are wired to connect with people who are similar to us, how can we connect to those who are different from us?

29. What areas of your life do you have a stubborn attachment to one point of view?

30. When do you know to trust yourself? And, when do you consult an expert?

31. What do you see as the positive aspects of your personality?